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Fight seasonal allergies with the best and natural air purifiers

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Seasonal allergies can be quite bothersome, especially in kids. But, now there are easy ways to fight them. Let's see how!

If you are bothered with a clogged nose, runny eyes and dry and raspy throat even in the hot summers, chances are that you are allergic. And the most likely culprit is pollen. Living in a cities where pollution is a given, the dust in the air also adds to allergy woes. With babies and kids, seasonal allergies is especially quite a major issue. While you can't reduce your child's exposure to the pollen or all the dust in the air, you might be able to atleast limit the number of anti-allergies (medicines) given to your little one by ensuring the air they breathe is pure (or dust-free).



While there are many ways to keep the dust, pollen and pollution at bay, sharing with you some of the easiest ways to actually do so !

1. De-clutter:

Allergens and dust go hand in hand, so try to put your knick-knacks, stacks of books and anything else that can collect dust in an orderly fashion. It would also be wise to dust often to eliminate any build-up that has accumulated.